

Adult Activity Center

A Senior Adult Ministry

FIRST PRESBYTERIAN CHURCH OF FT. LAUDERDALE



Welcome Back from Laura

Hello My Dear AAC Friends,
It is my hope that each of you had a wonderful summer. This year, we added a couple of Summer Fun Days and it was great to see so many of you participate. Moving forward, we have a wonderful year planned with lots of new and exciting things happening at AAC... Mark your calendars for the fall kickoff on Thursday, October 3rd! As one attendee stated, "AAC is a little slice of heaven on earth!" This year I challenge you to bring a friend and share the LOVE and FUN that this amazing ministry offers!!! Looking forward to seeing you soon. 😊

Love and Blessings,

Laura

AAC Board of Directors:

Sissy Lindsey (Chair)
Frances Holman, Ethel Huggard, Doreen Lalumiere, Ruth Pierce, Susie Quinby, George Schipper, Leslie Stout, Susie Williams

Board Emeritus:

Oleta Krause, Peggy McKeown

Volunteers:

Barbara Brow, GL Franklin, Myrna Pototsky, Bob Sadowski, Betty Smith, Arlette Steinberger

Getting to know you... AAC Regulars at a Glance!

- ★ **Name:** Leslie Stout
- ★ **Hometown:** Oldtown, Kentucky
- ★ **How long have you been in Ft. Lauderdale?** 28 years
- ★ **Hobbies:** Cooking, growing orchids, researching wines & giving wine tastings
- ★ **How long have you been attending AAC?:** 1 year
- ★ **One Word to describe AAC:** "Invigorating"
- ★ **Favorite AAC Memory:** Conga Line Dancing
- ★ **Would you recommend this ministry to a friend?** Yes
- ★ **Why?** Great fellowship and meet new friends!



Thank you, Leslie, we are thrilled that you are a part of our AAC family. You are a blessing to all of us!



Announcements

1st Time Guests

If you bring a guest who lives locally, they will receive a voucher to come back a 2nd time for a complimentary meal on us. Thank you for telling your friends about AAC!

Sponsor a Program

Did you know that you could be a Super Senior for the day? You can by sponsoring a whole program or part of a program this AAC year. You will be recognized on your Thursday or remain anonymous. Perks include Premium Table seating, first in line lunch priority and recognition throughout the day. A big thanks to all our sponsors because you help us bring top quality programs to AAC!

Bridge

All are welcome to play Bridge on Monday and Wednesday afternoons, 1:15–3:15pm in the Library (2nd floor Neumann Center).

Scripture to Live by:

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

2 CORINTHIANS 5:17

Weekly Thursday Activities

Please join us for one of these special activities before or after our regular AAC Program!

MORNING: (10:30 am)

- ★ **Blood Pressure Screening**
with Michelle from Comfort Nurse Care (Lobby)
- ★ **Humane Society Therapy "Guests"**
Ann Kilpatrick and Oscar (Lobby)
- ★ **Morning Stretch**
with Marianne Dougherty

AFTERNOON: (1:15 pm)

- ★ **Movie Time**
Every Thursday - see weekly table newsletter for featured movie (Chapel-in-the-Sky)
- ★ **AAC Book Club**
(1st Thursday of each month) Facilitated by Priscilla Williams, Room 216 (End of hall on 2nd floor Neumann Center)
October Book Selection: *90 Minutes in Heaven* by Don Piper
- ★ **Medicare Info Session w/ John Ripley**
Don't know where to start? Come for an overview session of your benefits, October 10 and 24,, 1:15pm in Room 200
- ★ **Wii Bowling w/ Ronnie Young** November 14 (St. Andrew's Room)
- ★ **Life Story Exercise Activity** Reflect on your own life & create a unique life story! Fill in booklets will be provided, December 12 (Room 200)

AAC Programs: October - December 2019

11:15 am Thursdays in Fellowship Hall

12:15 pm Lunch (RSVP please!)

Take-out meals are offered on availability. We always have an alternative meal of fish. Please let Laura know by Monday (10am) if you would like this option. Thank you!

OCTOBER 3:

Marie Alicata, Keyboards and Vocalist

AAC Fall Kickoff with Music from the American Songbook

OCTOBER 10:

Shane LeMar Presents "A Musical Look Back in Time 1950-1980"

We will celebrate Oktoberfest!

OCTOBER 17:

South Florida Cloggers -

Enjoy an exciting performance, followed by a fun instructional time! AAC will celebrate Breast Cancer Awareness Day - Wear Pink!

OCTOBER 24:

Anne Goldberg

The Savvy Senior Motivational Speaker Presentation "Decluttering Your Mind"

OCTOBER 31:

A Halloween Treat with Magic Jack Maxwell

*Magic & Comedy Show
Wear Halloween colors or your favorite spooky top! We will celebrate October Birthdays!*

NOVEMBER 7:

A Salute to our Veteran's with the Gold Coast Banjo Band

Celebrate Veteran's Day with us by wearing patriotic colors!

NOVEMBER 14:

Ed Ely "Oldies Video Review" One-man band

Sing a long to favorite songs from the 50's and 60's!

NOVEMBER 21:

AAC Thanksgiving Service

*- in the Sanctuary with Pastor Patrick Wrisley, Minister of Music, Robin McEachern and Soloist, Barbara Yatrousis
Thanksgiving feast to follow in Fellowship Hall with a special "Share a Tradition" Activity.
We will celebrate November Birthdays!*

NOVEMBER 28:

No AAC - Happy Thanksgiving

DECEMBER 5:

Christmas Carols from Around the World with Pianist, Gail Smith

This will be our SERRV Holiday Shopping Day. Get a head start on your Christmas shopping!

DECEMBER 12:

Dreaming of a White Christmas Show with Don Stansfield - A favorite to many, Don will be singing festive songs and much more!

DECEMBER 19:

Happyland Day School Christmas Program Dress Rehearsal in the Sanctuary

Let the children's magical performance get you in the Christmas Spirit! Lunch in Fellowship Hall. We will celebrate December Birthdays!

DECEMBER 26: No AAC

AAC Menu Selections: Cost \$9

10/3	Chicken Parmesan
10/10	Kraut and Sausage Casserole
10/17	Chicken Penne Pasta Carbonara
10/24	Spaghetti and Meatballs
10/31	Chicken w/ Mandarin Salsa
11/7	Pork Tenderloin w/ Caper Sauce
11/14	Baked Meatloaf
11/21	Thanksgiving Meal
12/5	Chicken Marsala
12/12	Swiss Steak with Mushroom Sauce
12/19	Baked Ham

AAC Day Excursions: Call the AAC office for details and pricing

Tuesday, November 12, 2019: Fort Lauderdale Antique Car Museum Tour and Lunch at Old Heidelberg - Authentic German Restaurant

Tuesday, December 10, 2019: Holiday Stroll and Shopping Morning on Atlantic Avenue in Delray Beach, FL & Christmas Luncheon Extravaganza at Benvenuto in Boynton Beach, FL

Tuesday, January 14, 2020: A Day of Exploring in the Everglades at the Big Cypress Seminole Indian Reservation - Lunch at the Swamp Water Café at Billie Swamp Safari & Guided Gallery and Boardwalk Tour at the AH-TAH-THI-KI Museum